

Book in at reception for you and your family to come to this special day.

Refreshments provided on the day but please bring your own lunch.

Dates	Care Home
Mon 1st April	Housteads
Tues 2nd April	Cotleigh
Wed 3rd April	Castelyn (Morning Only)
Thurs 4th April	Midhurst
Fri 5th April	Paddock Hill
Mon 8th April	Grange Crescent
Tues 9th April	Knowle Hill
Wed 10th April	Deerlands
Fri 12th April	Spring Wood
Thurs 18th April	Burnt Tree Croft

Stories for the Soul

Wellbeing through community, story and creativity

www.storiesforthesoul.org

Twitter @stories4soul

Instagram @stories4_the soul

Facebook @stories4thesoul

For more information or questions, you can contact Carrie Twist by email or phone.

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EASTER HOLIDAY

FAMILY ACTIVITY DAY



Spring Family Activity Events

Join us for a fun family creative day!

Over the April school holidays Stories for the Soul will be spending a day at each of the Sheffcare homes, running a family creative activity event. The activities are aimed at children 7 years old to people 105 years old!

Bring along your diaries to book further one2one creative sessions with your family with Carrie Twist over April, May and June.

Plan of the Day

10am

Welcome and Introduction

10.30am

Creative Activity One

12.30pm Lunch break

1.30pm – 3pm

Creative Activity Two

Come along to the full day or one of the sessions



“We don't stop playing because we grow old; we grow old because we stop playing.”

George Bernard Shaw

Wellbeing Boxes



Every family who comes along to the activity day will be given a wellbeing box to give to their loved one.